

Who is Mónica?



"I am pure consciousness experiencing a woman. I share my passion for evolution with other women who have the desire to get to know their feminine aspect; in order to balance our selves, live and enjoy the marvelous gift of creation we are."

"It is my desire to grow in the Feminine aspect of the Divine and to be able to offer the world all the richness of being a Divine Woman."
Monica Garaycochea, MD

"About Mónica:

I was a medical doctor for 14 years in my home country. I left my career in a traditional medical practice because I wanted a deeper understanding of the reasons for sickness, suffering and unhappiness. I then spent ten years searching, exploring and learning many avenues of personal growth and realization. A Course In Miracles had an especially powerful impact on my life until I found Gangaji and Eckhart Tolle whom I consider my Spiritual teachers.

I am a mother of a marvelous son with whom I have been able to learn about and enjoy the "Mother Energy". In the USA, I graduated from the International Seminar and Leadership Program. I am certified as an Unlimited Body practitioner, and as an Unlimited Breath practitioner and teacher.

As the founder of Goddess Inspiration in 1996, I created a way to support the awakening of the feminine aspect of creation in our consciousness.

Today I share my experiences, understanding and passion for life with my clients and workshop participants. I support them in learning how life is a sacred path of self-discovery that leads to greater fulfillment and happiness.

Goddess Inspiration
Encounters With Your Inner Woman

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Location

When

Friday, 7-10 PM
Saturday, 9.30 AM - 5.30 PM
Sunday, 9.30 AM - 5.30 PM

Tuition
\$395.00

Producer

How to Register:

Space is limited to 15 participants. To secure your place register now. Contact the person who inspired you to explore your Goddess and complete your Registration Form by mail, phone or through www.unlimitednetwork.com

Your Independent Organizer:



Unlimited Network
(800) 873-5828
E-mail: Office@unlimitednetwork.com
www.unlimitednetwork.com

Another Unlimited Network™ Quality Workshop

Goddess Inspiration
Encounters With Your Inner Woman

Encounter
The Goddess HESTIA
The Goddess of "Home":
Centered as a Woman!



Goddess Inspiration is a journey!

Goddess Inspiration is an opportunity to wake up from experiencing the ordinary and become the unique and divine being that you are.

This workshop is dedicated to all women who want to increase their knowledge and understanding of their role in the feminine aspect of creation.

As women, we can experience many roles during our lives.

We can be mothers, innocent daughters, wives, witches, successful business women, mysterious psychic women, seductresses, healers and much more.

In order to experience inner harmony, we must, first, enjoy all these aspects of our womanhood.



Andrea Pritchard (2002)

The Goddess journey uses the Greek Goddess Hestia as a source of inspiration to deepen our understanding of a force which can transform our life. This workshop offers us a door through which we can experience more of ourselves by providing a safe and supportive environment where we will have the opportunity to release past wounds and traumas that have prevented us from experiencing our lives with inner harmony as fulfilled women.



Andrea Pritchard (2002)



"The Mirror Of Venus" Sir Edward Burne-Jones (1898)

"I love this painting because of how well it represents my own work: a coming together of powerful women who have the courage to discover themselves in the mirror of truth and love."

Monica Garaycoechea, MD

The Goddess we will explore in this Goddess Inspiration workshop is the Goddess Hestia:

Hestia is a Greek Goddess who can inspire us to remain centered in our spirit, "flame", and find the sense of security, peace and forgiveness which is there, even in the midst of confusion and pain. Hestia is an "essence" rather than a form. She is the Goddess of the Fire, the flame that burns in the hearth. Traditionally, the hearth was in the center of every house, city and even the center of the world. Fire is essential to life, so its flame connects every individual to one another. Her symbol remains alive today, as demonstrated in the passing of the torch ceremony before the Olympics begin.

Hestia's fire also symbolizes the inner spirit burning in each of us. Hestia's warm and holy presence can transform a house into a home, even a temple, by recharging and rekindling our spirits. She can teach us to be "at home" with ourselves, no matter what's going on in our outside world. Bringing Hestia into our lives transform the mundane into the sacred, and our very homes (bodies) can become temples. Hestia's presence illuminates our existence, and invites us to walk, here on earth, in radiance. She will help us to detach from identification with unconscious emptiness and the consequent rejection of forms, relationships or physical world.

Benefits from Goddess Inspiration

- ॐ Know and embrace your body as a sacred form.
- ॐ Respect and honor yourself as a Divine Being while respecting your brothers and sisters.
- ॐ Acknowledge and embrace the cycles within yourself and in your life.
- ॐ Learn to feel safe in your body and emotions.
- ॐ Understand and release feelings of competition with other women.
- ॐ Experience the difference between Feminism and "Being Feminine".
- ॐ Increase your self-esteem and self-confidence.
- ॐ Create equality and feel safe in your intimate relationships.

In Our Program We Will Explore:

- ॐ The Goddess Hestia Archetype.
- ॐ The myth and symbols of Hestia.
- ॐ Visualization and Meditation.
- ॐ How to feel the Feminine aspect of existence.
- ॐ The liberation of releasing wounds from our past.
- ॐ The sacred roles of dance and breath.
- ॐ The celebration of ceremonies

Happiness and enjoyment await us!
Come and get to know yourself!

