



Who is Mónica?

"I am pure consciousness experiencing a woman. I share my passion for evolution with other women who have the desire to get to know their feminine essence in order to enjoy and radiate as the marvelous gift of creation we are."

"It is my desire to grow in the Feminine aspect of the Divine and to be able to offer the world all the richness of being a Divine Woman." Monica Garaycochea, MD

"About Mónica:

I was a medical doctor for 14 years in my home country. I left my career in a traditional medical practice because I wanted a deeper understanding of the reasons for sickness, suffering and unhappiness. I then spent ten years searching, exploring and learning many avenues of personal growth and realization. A Course In Miracles had an especially powerful impact on my life until I found Gangaji and Eckhart Tolle whom I consider my Spiritual teachers, and David Deida who showed me the conscious dance between the Masculine and the Feminine and how their spiritual fulfillment unfolds in different ways.

I am a mother of a marvelous son with whom I have been able to learn about and enjoy the "Mother Energy" with all the lessons of unconditional love, trust and letting go.

In the USA, I graduated from the International Seminar and Leadership Program. I am certified as an Unlimited Body practitioner, and as an Unlimited Breath practitioner and teacher.

As the founder of Goddess Inspiration in 1996, I created a way to support and enjoy the awakening of the feminine aspect of creation in our consciousness.

Today I share my experiences, understanding and passion for life with my clients and workshop participants. I support them in learning how life is a sacred path of self-discovery that leads to greater fulfillment and happiness.



Location
Port St. Lucie, Florida

When
May 18-20, 2007

Friday, 7-10 PM
Saturday, 9.30 AM - 5.30 PM
Sunday, 9.30 AM - 5.30 PM

Tuition
\$395.00

Producer
Sarah Blodgett
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How to Register:

Space is limited to 10 participants. To secure your place register now. Contact the person who inspired you to explore your Goddess and complete your Registration Form by mail, phone or through www.unlimitednetwork.com

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Another Unlimited Network™ Quality Workshop



"Celebrating The Feminine in You"



Sir Lawrence Alma-Tadema

Port St. Lucie, Florida
May 18-20, 2007



Goddess Inspiration is a journey!

This workshop is dedicated to all women who want to increase their experience and understanding of their feminine essence.

Our feminine essence unfolds in a unique way. To follow the masculine ways of self-discovery and self-realization can be conflictive and painful for women. Goddess Inspiration opens the door to acknowledging the natural and joyful ways the feminine needs to trust and unfold. She likes to experience life, She likes to dance life, She likes to experience deep connections with others and the world, She likes to love and shine, she likes to be fully in Her body experiencing it as a sacred expression of Life.

In this upcoming circle, we will be deepening our practice of devotional surrender and the full-bodied feeling of bliss that is inherent and eternal in our Feminine core, but is often masked by layers of conditioning, mind trips, and feelings of inadequacy and unauthenticity.



The Goddess journey uses **“Celebrating The Feminine in You”** to nurture our feminine essence and to experience more of who we really are as fulfilled conscious women.

This workshop offers us a Sacred Circle in which we can experience more of ourselves by providing a safe and supportive environment. The power of Love will give us the opportunity to release past wounds and traumas that have prevented us from experiencing our lives as fulfilled, passionate and radiant women.



"The Mirror Of Venus" Sir Edward Burne-Jones (1898)

"I love this painting because of how well it represents our work: a coming together of powerful women who have the courage to discover themselves in the mirror of truth and love."
Monica Garaycochea, MD

This workshop offers a sacred circle of women who listen to each other and themselves with compassion, respect and love. This sacred space is open and created for and by women of all ages; those who have been circling before, and those who are new.

This circle is open to all women. The only criteria is that you are willing to open your heart and mind fully; you are willing to leave attachments to your personality at the door; you long to connect with women on the deepest heart level; you are willing to discover and surrender to the greater truth of your Feminine core; and that you long to trust, on the most profound level, the innate wisdom and gifts of your natural radiance.

Through movement, partner exercises, truth-sharing, and whatever else calls us in that moment, we will commit to openness and ecstatic living in all its Feminine textures and forms (whether light or dark), as we explore this time together.

The feminine in us enjoys and nurtures itself in the safety and love we experience together. The feminine in us grows and expands in the celebration of life we dance together as we unfold our natural love, beauty and radiance.

The Benefits of Goddess Inspiration

- ♥ Know and embrace your body as a sacred form.
- ♥ Respect and honor yourself as a Divine Being while respecting your feminine essence.
- ♥ Acknowledge and embrace the cycles within yourself and in your life.
- ♥ Learn to feel safe in your body and emotions.
- ♥ Understand and release feelings of competition with other women and men.
- ♥ Experience the difference between Feminism and “Being Feminine”.
- ♥ Increase your self-esteem and self-confidence.
- ♥ Understand the masculine and feminine dance in your intimate relationship.

In Our Circle We Will Explore:

- ♥ Truth-sharing and the power of deep listening.
- ♥ Self-discovery through the Loving Presence you are.
- ♥ Visualization and Meditation.
- ♥ How to feel the Feminine aspect of existence.
- ♥ The liberation of releasing wounds from our past.
- ♥ The sacred roles of dance and breath.
- ♥ The celebration of ceremonies

Celebrating the Feminine in You will guide you to your unique dance of love and joy!

