

Who is Mónica?



"I am pure consciousness experiencing a woman. I share my passion for evolution with other women who have the desire to get to know their feminine aspect; in order to balance our selves, live and enjoy

"It is my desire to grow in the Feminine aspect of the Divine and to be able to offer the world all the richness of being a Divine Woman."

Monica Garaycochea, MD

"About Mónica":

I was a medical doctor for 14 years in my home country. I left my career in a traditional medical practice because I wanted a deeper understanding of the reasons for sickness, suffering and unhappiness. I then spent ten years searching, exploring and learning many avenues of personal growth and realization. A Course In Miracles had an especially powerful impact on my life until I found Gangaji, David Deida and Eckhart Tolle whom I consider my Spiritual teachers.

I am a mother of a marvelous son with whom I have been able to learn about and enjoy the "Mother Energy". In the USA, I graduated from the International Seminar and Leadership Program. I am certified as an Unlimited Body practitioner, and as an Unlimited Breath practitioner and teacher.

As the founder of Goddess Inspiration in 1996, I created a way to support the awakening of the feminine aspect of creation in our consciousness.

Today I share my experiences, understanding and passion for life with my clients and workshop participants. I support them in learning how life is a sacred path of self-discovery that leads to greater fulfillment and happiness.

Goddess Inspiration
Encounters With Your Inner Woman

When:

October 19-21, 2007

Encounter with: The Intellectual, Goddess Athena.

November 16-18, 2007

Encounter with: The Mother, Goddess Demeter.

December 14-16, 2007

Encounter with: The Innocent Daughter, Goddess Persephone.

February 1-3, 2008

Encounter with: The Wife, Goddess Hera.

February 29– March 2, 2008

Encounter with: The Lover, Goddess Aphrodite.

April 4-6, 2008

Encounter with: The Witch, Goddess Artemis.

Fridays, 7 PM to 10 PM

Saturdays & Sundays 9:30 AM to 5:30 PM

Location: Watertown, MA

**Tuition: \$395 deposit or 1,995 paid in full
\$395 / workshop if paid individually**

Producer

Sarah Blodgett

(978) 852-0619

Sarah@unlimitednetwork.com

How to Register:

Space is limited to 18 participants. To secure your place register now. Contact the person who inspired you to explore your femininity and complete your Registration Form by mail, phone or through www.unlimitednetwork.com

Your Independent Organizer:



Unlimited Network

(800) 873-5828

E-mail: Office@unlimitednetwork.com

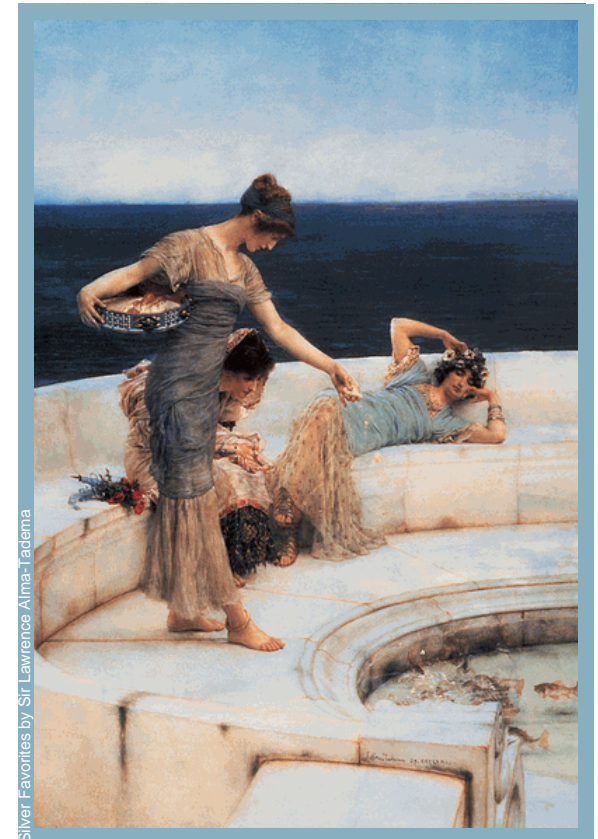
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Another Unlimited Network™ Quality Workshop

Goddess Inspiration™

-How to Find Balance as a Woman-

A Six-Workshop Series



Silver Favorites by Sir Lawrence Alma-Tadema

2007, 2008
Watertown, MA





The feminine is awakening!
The feminine is life, is radiance,
is beauty, is love,
In innocence and total trust.

As women, we can experience
many roles during our lives.
We can be mothers, innocent daughters,
wives, witches, successful business women,
mysterious psychic women, seductresses,
healers and many more.

In order to experience inner harmony,
we must first be able to enjoy all aspects
of our expression as women
and release the traumas from the past
that prevent the fullness of our
experience in the present.

In this one weekend a month,
six weekend program,
In a safe and supportive environment,
we will explore seven of the most important
Greek Goddess archetypes
in order to better understand, embrace
and enjoy the full spectrum
of our experiences as women.



It is time for us to wake up and to realize
the Truth of who we really are.
To do that, we need to accept with out condition
the experience of the moment.
The Feminine “knows” how to experience the present.
The Feminine “is” the experience of the present.

The goddess archetypes serve as a source
of inspiration to deepen our understanding
and acceptance of our lives.

Goddess Inspiration is a journey.
Goddess Inspiration is an opportunity
to wake up from ordinary experience and
Realize who you really are!



“Through discovering all the roles you play in life you start to
realize that you are not the roles but the pure Loving Presence
or consciousness where all these roles can be played”

Monica Garaycochea, MD

“The Mirror Of Venus” Sir Edward Burne-Jones (1898)



“I love this painting because of how well it represents my own
work: a coming together of powerful women who have the courage
to discover themselves in the mirror of truth and love.”

Monica Garaycochea, MD

The Six Encounters You Will Experience

Encounter with: The Intellectual, **Goddess Athena**.
A fine strategist, she teaches us how to achieve our goals and how
to be more in our intelligence in an emotional crisis. She will help us
to detach from identification with mind.

Encounter with: The Mother, **Goddess Demeter**.
She teaches us the joy of being a mother, of taking care of others,
and the art of nurturing and abundance. She will help us to detach
from dependency and conditional love.

Encounter with: The Innocent Daughter, **Goddess Persephone**.
She teaches us how to feel safe and be patient during periods of
change. In her myth a mother dependent young woman is trans-
formed into the Goddess of the Underworld, a change that en-
hances the power to embrace shadows, wounds and fears. She will
help us to detach from the “victim” and the “abused” in us.

Encounter with: The Wife, **Goddess Hera**. She teaches us how to
grow and enjoy with committed relationships for life. She practices
total loyalty and fidelity. She will help us to detach from conditional,
“needy” love. She honors and worship the masculine in her partner.

Encounter with: The Lover, **Goddess Aphrodite**.
She teaches us to enjoy our body, our senses, and how
to attune to beauty and pleasure. With her we learn to become one
with experience, and to live in the present.
She will help us to discover our sacred sexuality and to enjoy the
radiance and love that we are.

Encounter with: The shaman, **Goddess Artemis**.
She teaches us how to have and enjoy our independence. She
connects us with nature, with the “Mystery of the Moon” and our
own wild nature. She will help us to detach from identification with
fear, powerless and defense.

Benefits from Goddess Inspiration

- Om Know and embrace your body as a sacred form.
- Om Respect and honor yourself as a Divine Being
while respecting your brothers and sisters.
- Om Acknowledge and embrace the cycles within
yourself and in your life.
- Om Learn to feel safe in your body and emotions.
- Om Understand and release feelings of competition
with other women.
- Om Experience the difference between Feminism
and “Being Feminine”.
- Om Increase your self-esteem and self-confidence.
- Om Create equality and feel safe in your intimate
relationships.

In Our Program We Will Explore:

- Om The Psychology of the Six Major
Greek Goddess Archetypes.
- Om Visualization and Meditation.
- Om How to play with each Goddess in our life.
- Om How to feel the Feminine aspect of existence.
- Om The liberation of releasing wounds from our past.
- Om The sacred roles of dance and breath.
- Om The celebration of ceremonies

Happiness and enjoyment await us!
Come and get to know yourself!

This workshop will offer you a door
through which you can
experience more of yourSelf.